

Visitor's Guide

October - December 2007

www.cameronhighlands.com



CAMERON HIGHLANDS - Malaysia's largest and most popular hill resort is located in the state of Pahang. It was discovered by William Cameron, a British surveyor, who was exploring the area during a mapping expedition in 1885. In the early 1920s, the winding road up to the highlands was constructed and wealthy residents and British government officials started building retreats here. This eventually developed into a permanent community.

Townships | Cameron Highlands is made up of 3 main townships at different elevations. The first town you'll see coming from the south is Ringlet, followed by Tanah Rata and Brinchang. Bertam Valley, Kea Farm, Tringkap, Kuala Terla and Kampung Raja are the other smaller settlements located in the highlands.

RINGLET - This is the first town you will reach if you are taking the old road (Tapah / Cameron Highlands). Ringlet is one of the main agricultural hubs in the highlands.

BERTAM VALLEY - Located about 3km away from Ringlet, is one of the main flower and vegetable producers in Cameron Highlands.

TANAH RATA - This is the administrative hub of Cameron Highlands where most of the government offices are located. The main bus station is also located here. Money changers, internet cafes and most of the tour desks can be found here. Most of the chalets and guest houses are located within the vicinity of the town.

Local Tours |

MORNING MADNESS
View the spectacular sunrise in the highlands. The tranquility and coolness of the early morning will have you enchanted. Take a peek into the mossy forest and on the return journey, stop by at the Sungai Palas Tea Factory.

Cameron Secrets Tours & Travel Sdn Bhd
Tel : 05 - 4912 888
www.cameronsecrets.com

COUNTRYSIDE TOUR
Visit all the attractions in the highlands. Tours include visits to a tea plantation, rose centre, butterfly farm, vegetable farm, market square, Sam Poh Buddhist Temple, strawberry farm and the honey bee farm.

CS Travel & Tours Sdn. Bhd.
Tel : 05 - 4911 200
www.cstravel.com.my

ADVENTURE TOUR
Join one of the adventure tours on our list. Tour includes jungle trekking, waterfall trips, insect observation, blowpipe demonstration and tea factory visit.

Golden Highlands Adventure Tours
Tel : 05 - 4901 880
www.gohighadventure.com

AGRO DELIGHT TOUR
Visit an exotic cactus farm with mini fruit orchard, flower nursery, water crest farm, open terraces of conventional farming, organic farming, lettuce delight and a Chinese village.

Titiwangsa Tours & Travel Sdn. Bhd
Tel : 05 - 4911 452
www.titiwangsatours.com

Useful Contacts |

Emergency	999
Police	05-4911222
Hospital	05-4911966
Fire	05-4911003

Taxi Services
05 - 4912 355

Cameron Auto Repair
019 - 3992 888

Facts |

Cameron Highlands has the highest density of Land Rovers on the road anywhere in the world outside a British Army garrison). There are more than 7000 vehicles found in the highlands.

6,666 ft above sea level, Gunung Brinchang is the highest point in Malaysia accessible by road. A part of the Straits of Malacca can be seen from the observation tower of Gunung Brinchang on a clear day.

Unsolved mystery since 26-3-1967. Jim Thompson, the 'Thai Silk King' disappeared in the jungle of Cameron Highlands without a trace 'til today.

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Places of Interests |



BOH TEA PLANTATION
BOH Plantations Sdn Bhd is the leading tea grower in the country with the number one tea brand. The plantation is located about 30 minutes drive from Tanah Rata.



SUNGAI PALAS
This plantation which belongs to BOH is one of the popular tea plantations in the highlands. This plantation has a newly set up tea centre and a cafe with a breathtaking view of the plantation.



BHARAT TEA PLANTATION
Situating along the main road between Ringlet and Tanah Rata, you can't miss this plantation. It has a good panoramic view of the lush tea bushes. This is favorite stopover for most tourists as it is easily accessible.



CAMERON VALLEY TEA PLANTATION
Situating along the main road in Kuala Terla. It has a good view of vegetable farms surrounding the plantation.



ROSE GARDENS - There are 3 beautiful rose gardens in Cameron Highlands. You can visit the Rose Centre in Kea Farm. Robertson Rose Garden in Sungai Palas and the Rose Valley in Tringkap.



STRAWBERRY FARMS - There are a few strawberry farms along the main road between Tanah Rata and Kea Farm.
* Healthy Strawberry Farm
* Kasimanis Strawberry Farm
* Kok Lim Strawberry Farm
* Raju's Hill Strawberry Farm



BUTTERFLY CENTRES - There are two butterfly centres along the Kea Farm main road. Both centres have a wide variety of butterflies and insects.



HONEY BEE FARMS - You will find two honey bee farms in the highlands, where both have beautiful landscaped gardens.



CACTUS FARMS - You can find hundreds of cacti and plants at the Cactus Valley in Brinchang and the Cactus Point along the main road from Brinchang to Kea Farm.



DAY MARKET - There are many stalls along the main road between Ringlet and Kampung Raja. Tourists can buy some fresh vegetables and flowers before leaving for home.



NIGHT MARKET (Pasar Malam) - Interesting place to see all the stalls selling local produce and local dishes. Located in Brinchang, opposite the police station. Open on Fridays, Saturdays and school holidays.



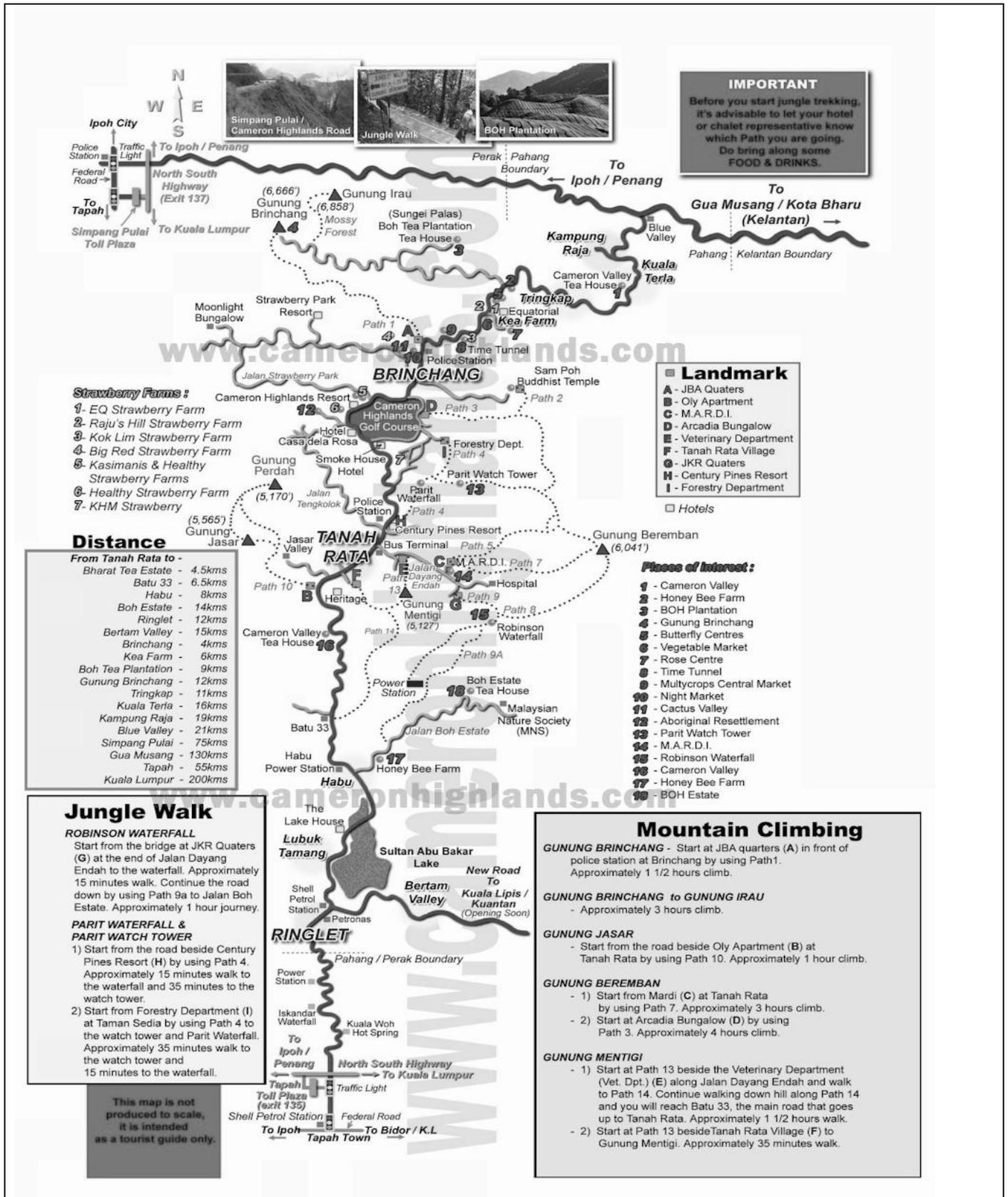
TIME TUNNEL - Be fascinated by the past and present photos on display which are the windows of Cameron Highlands and hundreds of collectible artifacts that brings back the memories of yesteryear.



PARIT OBSERVATION TOWER - A spectacular panoramic view from the tower. A must visit place for the nature



GUNUNG BRINCHANG - The highest point in Malaysia accessible by road. Beautiful scenery along the way to the peak.
Note : The road leading to the peak is narrow and steep. We suggest that you take one of the local tours which take you up in a 4x4 land rover.



IMPORTANT
 Before you start jungle trekking, it's advisable to let your hotel or chalet representative know which Path you are going. Do bring along some **FOOD & DRINKS**.

- Landmark**
- A - JBA Quarters
 - B - Oly Apartment
 - C - M.A.R.D.I.
 - D - Arcadia Bungalow
 - E - Veterinary Department
 - F - Tanah Rata Village
 - G - JKR Quarters
 - H - Century Pines Resort
 - I - Forestry Department
- Hotels

- Strawberry Farms :**
- 1- EQ Strawberry Farm
 - 2- Raju's Hill Strawberry Farm
 - 3- Kok Lim Strawberry Farm
 - 4- Big Red Strawberry Farm
 - 5- Kasimanis & Healthy Strawberry Farms
 - 6- Healthy Strawberry Farm
 - 7- KHM Strawberry

Distance

From Tanah Rata to -

Bharat Tea Estate	- 4.5kms
Batu 33	- 6.5kms
Habu	- 8kms
Boh Estate	- 14kms
Ringlet	- 12kms
Bertam Valley	- 15kms
Brinchang	- 4kms
Kea Farm	- 6kms
Boh Tea Plantation	- 9kms
Gunung Brinchang	- 12kms
Tringkap	- 11kms
Kuala Terla	- 16kms
Kampung Raja	- 19kms
Blue Valley	- 21kms
Simpang Pulai	- 75kms
Gua Musang	- 130kms
Tapah	- 55kms
Kuala Lumpur	- 200kms

- Places of Interest :**
- 1 - Cameron Valley
 - 2 - Honey Bee Farm
 - 3 - BOH Plantation
 - 4 - Gunung Brinchang
 - 5 - Butterfly Centres
 - 6 - Vegetable Market
 - 7 - Rose Centre
 - 8 - Time Tunnel
 - 9 - Multicrops Central Market
 - 10 - Night Market
 - 11 - Cactus Valley
 - 12 - Aboriginal Resettlement
 - 13 - Parit Watch Tower
 - 14 - M.A.R.D.I.
 - 15 - Robinson Waterfall
 - 16 - Cameron Valley
 - 17 - Honey Bee Farm
 - 18 - BOH Estate

Jungle Walk

ROBINSON WATERFALL
 Start from the bridge at JKR Quarters (G) at the end of Jalan Dayang Endah to the waterfall. Approximately 15 minutes walk. Continue the road down by using Path 9a to Jalan Boh Estate. Approximately 1 hour journey.

PARIT WATERFALL & PARIT WATCH TOWER

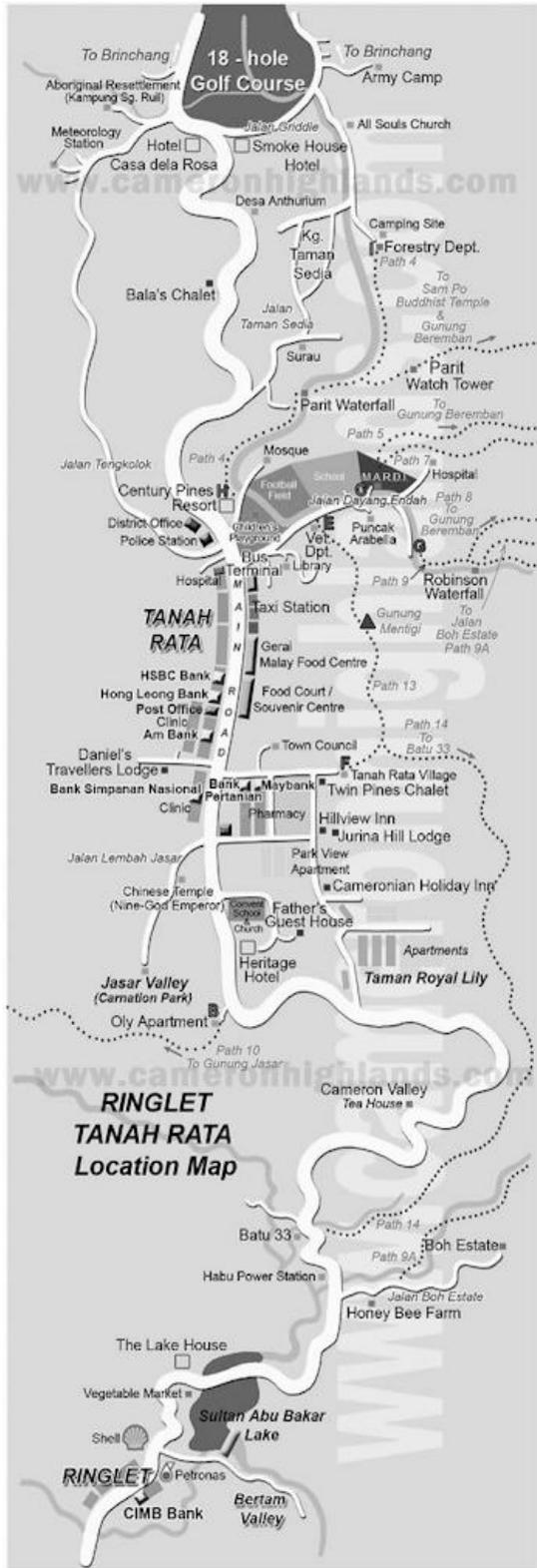
- 1) Start from the road beside Century Pines Resort (H) by using Path 4. Approximately 15 minutes walk to the waterfall and 35 minutes to the watch tower.
- 2) Start from Forestry Department (I) at Taman Sedia by using Path 4 to the watch tower and Parit Waterfall. Approximately 35 minutes walk to the watch tower and 15 minutes to the waterfall.

This map is not produced to scale, it is intended as a tourist guide only.

Mountain Climbing

- GUNUNG BRINCHANG** - Start at JBA quarters (A) in front of police station at Brinchang by using Path1. Approximately 1 1/2 hours climb.
- GUNUNG BRINCHANG to GUNUNG IRAU**
 - Approximately 3 hours climb.
- GUNUNG JASAR**
 - Start from the road beside Oly Apartment (B) at Tanah Rata by using Path 10. Approximately 1 hour climb.
- GUNUNG BEREMBAN**
- 1) Start from Mardi (C) at Tanah Rata by using Path 7. Approximately 3 hours climb.
 - 2) Start at Arcadia Bungalow (D) by using Path 3. Approximately 4 hours climb.
- GUNUNG MENTIGI**
- 1) Start at Path 13 beside the Veterinary Department (Vet. Dpt.) (E) along Jalan Dayang Endah and walk to Path 14. Continue walking down hill along Path 14 and you will reach Batu 33, the main road that goes up to Tanah Rata. Approximately 1 1/2 hours walk.
 - 2) Start at Path 13 beside Tanah Rata Village (F) to Gunung Mentigi. Approximately 35 minutes walk.

Ringlet – Tanah Rata | Detailed Map



KOK LIM STRAWBERRY FARM

Pick your own strawberries...
Specialized in all strawberry products.
Well known for its home cooked strawberry jam.

KOK LIM STRAWBERRY FARM
P.O.Box 3, Brinchang, 39100 Cameron Highlands,
Pahang, Malaysia.
Tel: 05-4914481, Fax: 05-4915481,
email: alioctoo@streamyx.com

CACTUS VALLEY

Voted the best cactus centre in Cameron Highlands.

Cactus Valley boast of having one of the most variety of cactus plants, some as old as 60 years ! and also have the most comprehensive variety of flower and foliage plants.

CACTUS VALLEY
Pekan Lama, Brinchang, 39100 Cameron Highlands,
Pahang, Malaysia. Tel: 05-4915640 / 05-4915641
Fax: 05-4915109 / 05-4981945

Call
019 - 3046 720
to advertise
your business here !

admin@cameronhighlands.com

Brinchang – Kg.Raja | Detailed Map



Dining Out | There is no shortage of places to eat in Cameron Highlands when it comes to food. When the sun goes down, people flock to the many eating places in town to enjoy the many tasty cuisines. You can get everything from Western, Chinese, Indian and Malay food to Thai and Japanese food. Most of the restaurants are located in Tanah Rata and Brinchang, however you could also find some good restaurants in Tringkap and Kampung Raja as well. One of the popular dishes in Cameron Highlands is the Steamboat dinner. You can find many restaurants around the major towns offering this. Tea and Scones is also something very popular here. This English tradition is still alive where you will be served freshly baked scones and locally grown tea.

T-Cafe (Local & Western)

This is one of the most popular restaurants in Cameron Highlands that serves good scones. Hidden away in a quiet corner of Tanah Rata town, the restaurant has a simplistic back to basics deco which offers a nice dining experience.

D'Chennai Curry House (South Indian)

Located beside the Hong Leong Bank in Tanah Rata, this is one of the favorite restaurants where locals and tourists come for roti canai and teh tarik. They also serve very good South Indian dishes.



Restoran Ferm Nyonya (Chinese, Thai & Western)

If you are looking for good food at affordable price, this is the place to dine. Located along the Maybank in Tanah Rata.

Uncle Chow's Kopitiam (Local)

The traditional coffee shop famous for its toast and coffee. They also offer other dishes like the curry mee and Penang laksa. Located at the new town centre in Tanah Rata - Taman Royal Lily.

Tanah Rata Food Court (Local)

Food stalls operating in this food court offer a various number of local food especially the Malay dishes.

SKG Garden (Chinese - Non Halal)

Recent opened in the edge of the town, this restaurant has got some good reviews from the newspapers food guide. Located along Jalan Lembah Jasar, Tanah Rata.

Restoran Highlands (Chinese - Non Halal)

For some authentic Chinese food, look no further. This is the place where you can find the original charcoal steamboat. The restaurant is usually packed especially during the weekends and holidays.



www.cameronhighlands.com

Accommodation Guide

HOTELS

CASA de la ROSA

Tanah Rata - Tel : 05-4911 333

CENTURY PINES RESORT

Tanah Rata - Tel : 05-4915 115

www.cameronhighlands.com/Century_Pines_Resort

EQUATORIAL RESORT

Kea Farm - Tel : 05-4961 777

www.equatorial.com

HERITAGE HOTEL

Tanah Rata - Tel : 05-4913 888

www.heritage.com.my

THE LAKEHOUSE

Ringlet - Tel : 05-4956 152

www.lakehouse-cameron.com

ROSA PASADENA

Brinchang - Tel : 05-4912 288

THE SMOKEHOUSE HOTEL & RESTAURANT

Tanah Rata - Tel : 05-4911 215

www.cameronhighlands.com/the_smokehouse

STRAWBERRY PARK RESORT

Brinchang - Tel : 05-4911 166

www.strawberryparkresort.com

HOTEL CHUA GIN (Budget Hotel)

Brinchang - Tel : 05-4911 801

www.chuagin.cameronhighlands.com

THE HIGHLANDERS (Budget Hotel)

Tanah Rata - Tel : 017-4137 204

www.highlanders.cameronhighlands.com

CHALETS & GUEST HOUSES

BALA'S HOLIDAY CHALET

Tanah Rata - Tel : 05-4911 660

www.balaschalet.com

DANIEL'S TRAVELLERS LODGE

Tanah Rata - Tel : 05-4915 823

www.daniels.cameronhighlands.com

FATHER'S GUEST HOUSE

Tanah Rata - Tel : 4912 484

www.fathers.cameronhighlands.com

JURINA LODGE

Tanah Rata - Tel : 05-4915 522

www.jurina.cameronhighlands.com

TWIN PINES / KRS PINES

Tanah Rata - Tel : 05-4912 169

www.twinpines.cameronhighlands.com

APARTMENTS

ARABELLA APARTMENTS

Tel : 019-2196 813

www.arabella.cameronhighlands.com

ARABELLA LILY APARTMENTS

Tel : 017-5719 835 / 019-5588 725

www.arabella.lily.cameronhighlands.com

CAMERON HOLIDAY SERVICES

Tel : 019-5781 076 / 019-5761 076

www.apartments.cameronhighlands.com

NUM SONG APARTMENTS

Tel : 05-4911 250 / 05-4915 501

www.numsong.cameronhighlands.com

PRIMA VILLA & PUNCAK APARTMENTS

Tel : 05-4915 802 / 019-5040 616

www.primavilla.cameronhighlands.com

PRIMA VILLA TANAH RATA

Tel : 019-5554 112 / 012-4848 315

ROYAL LILY & PRIMA APARTMENTS

Tel : 013-4444 525 / 013-5150 842

www.prima.cameronhighlands.com

SYAMS HOLIDAY APARTMENTS

Tel : 017-5335 007 / 05-4914 007

www.cameronhighlands.com/syams

BUNGALOWS

VALLEVIEW

Tel : 05-4957 827 / 016-6015 787

www.valleyview.cameronhighlands.com

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www.cameronhighlands.com